



Group Exercise Holiday Mini Session

4-week classes to stay fit during the holiday season!

Monday Boot Camp - Nov 16, 9:30 AM

Monday EZ Rider Beginner Spinning - Nov 16, 10:45 AM

Tuesday Spinning - Nov 17, 9:30 AM

Tuesday Yoga - Nov 17, 10:45 AM

Tuesday Evening Yoga - Nov 17, 6:45 PM

Wednesday Spinning - Nov 18, 6:45 PM

Wednesday Pilates - Nov 18, 9:30 AM

Wednesday Power Sculpt - Nov 18, 4:30 PM

Thursday Boot Camp - Nov 19, 8:00 AM

Thursday Spinning - Nov 19, 6:30 PM

Thursday Pilates - Nov 19, 6:45 PM

Friday Power Sculpt - Nov 20, 9:30 AM

Saturday Power Sculpt - Nov 21, 9:30 AM

Member Fee: \$35.00

Non-member Fee: \$45.00

100 Pine Park Drive, Wexford, PA 15090 • 724-625-1636 x3 • www.twp.pine.pa.us