



Township of Pine NEWSLETTER

Winter
2009-2010

TOWNSHIP PLANNING COMMISSION RECEIVES PLANNING AWARD

The Township of Pine Planning Commission was awarded the prestigious Planning Achievement Award for the Village at Pine project on October 6, 2009 by the Pennsylvania Chapter of the American Planning Association (PA Chapter of APA).

The Village at Pine is located along Perry Highway, near the intersection of Wallace Road, and comprises approximately 300 acres of commercially zoned land.

For those not familiar with the history of the property:

In the 1970's Oxford Development Company began acquiring property near the intersection of Perry Highway and Wallace Road. Shortly after acquiring the property, an application was submitted to the Township to have the property re-zoned as "commercial" and plans for the "North Hills Metro Mall" were submitted. Although residents and the Board of Supervisors objected to the re-zoning, the courts ruled in favor of the re-zoning, giving a green light for the mall construction. For various reasons, the mall was not constructed, but the court ordered commercial zoning to remain.

In the 1980's Oxford Development Company submitted new plans for the proposed "Wondermall" a regional outlet type mall designed with approximately one-million square feet of retail development. Again, residents objected to the mall development, and due to various reasons, including the economy and the development of the Grove City Outlet Shops, the "Wondermall" was not built.

In the 1990's the Township adopted a zoning ordinance amendment that included a provision for a "Town Center District" development and the idea of the Village at Pine project was born. The Town Center District requires a walkable mixed-use development that features extensive natural feature preservation and landscaping, a separated boulevard entry, and a mix of residential dwelling types, and commercial uses.

The Pennsylvania Planning Association has now nominated the Village at Pine project for recognition at the national level through the American Planning Association National Honors Program. The Township thanks and congratulates the Township of Pine Planning Commission as recipients of the planning achievement award, and the developer, Dominic Gigliotti for the quality development.

Please support the businesses that have chosen to locate in the Village at Pine:

Giant Eagle Grocery	The UPS Store
Get Go Gas and Car Wash	Sarah's Hallmark
Sonic Restaurant	Azzeria's Pizza
Dollar Bank	Cartridge World
PNC Bank	Super Cuts
Huntington Bank	A Girl's Best Friend
Paul M. Goltz, Attorney	Ichiban Steak House
Azemi Salon	Mama Lucia Restaurant
Beverly Hills Nails & Spa	Subway
Owl Cleaners	



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Happy Holidays and Best Wishes in the New Year!





YOU ARE INVITED – COME CELEBRATE PINE COMMUNITY CENTER’S ONE YEAR CELEBRATION

Building a healthy community one step at a time!

WHO: MEMBERS AND NON-MEMBERS
ADULTS & CHILDREN – BRING YOUR FAMILY & FRIENDS

WHERE: PINE COMMUNITY CENTER
100 PINE PARK DRIVE
WEXFORD, PA 15090

WHEN: SUNDAY, JANUARY 31, 2010

TIME: 12:00PM – 4:00PM

Free gift to the first 50 visitors, raffles, demos, talk to a personal trainer, crafts, games, demonstrations on our state-of-the-art Nautilus equipment, X-ER Dance, Sportwall, wellness seminars, or enjoy the open gym!

**IF YOU ARE NOT A MEMBER – VISIT – TAKE A TOUR -
SEE WHAT EVERYBODY IS TALKING ABOUT!!!**

Making Pine Park Beautiful



The Board of Supervisors and the Parks & Recreation Commission thank the Mom's Club of Gibsonia/Mars for planting a "Redbud" tree, shrubbery and flowers in Pine Community Park this summer. There were approximately 20 adults and children who helped. Visitors to our park will certainly enjoy the beautiful flowers, shrubs, and tree for years to come. People like you make a difference! We certainly appreciate your contribution and support. Thank you again!

Wexford Volunteer Fire Company



Santa Express

Santa Claus and the Wexford Volunteer Fire Company have scheduled the annual Santa Express for **Saturday, December 19, 2009.**



The Santa Express will start around noon and bring Santa on the fire truck to visit children in each

neighborhood. If you have any questions about this event, contact Tim Flaherty at (724) 625-1636, Extension 135.

Scholarship Program Offered to those Willing to Volunteer

Did you know that there is a scholarship program available for residents that make a commitment to become a volunteer firefighter in Allegheny County? The Community College of Allegheny County, the Allegheny County Fire Academy, and County Executive have teamed up to create the Allegheny County Fire Volunteer Education, Service & Training Scholarship Pro-

gram (FireVEST). FireVest is a full scholarship for an associate's degree or certificate program at CCAC. In exchange for the scholarship, successful applicants must agree to complete two fire training classes at the Allegheny County Fire Academy and serve with a volunteer fire company in Allegheny County for at least five years. The Wexford Volunteer Fire Company is willing to support any new members wishing to apply for a FireVEST scholarship.

The FireVEST program is an excellent way to serve your community and receive the tremendous benefit of a free education. For more information on the FireVEST program visit www.CCAC.edu and type



FireVEST into the search field. For more information on becoming a member of the Wexford Volunteer Fire Company, visit our website at www.wexfordvfc.com or leave a message at (724) 935-1491.

New Engine Improves Response Capabilities

The Wexford Volunteer Fire Company took delivery of a new fire engine earlier this year. This fire engine is kept at Babcock Boulevard station. That allowed us to move a fire engine to the Township of Pine



Municipal Building. With fire apparatus at our main station on Wexford Bayne Road, we now are able to protect the Township from three strategic locations. The new fire engine is equipped with a compressed air foam system, to compliment the fire engine at our main station that was purchased in 2004. Compressed air foam provides excellent fire extinguishment abilities with significantly less water damage. For more information on the new engine and compressed air foam, visit our website at www.wexfordvfc.com.



Fall Litter Clean-up Campaign

Several Township residents recently volunteered to clean local roadways of litter, resulting in a pick-up of almost 100 bags of trash. The Township would like to express



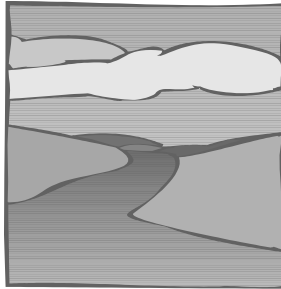
great appreciation to Jack and Diane Walsh, Linda Humenik, Penn and Elizabeth Krause, Pat Sanfilippo, Frank and Thelma

Schlosser, Steve Seaman, and the Knights of Columbus, and Mike Koepfer of New Community Church and several of their church members. Please consider volunteering for our spring litter clean-up tentatively scheduled for Saturday, April 10, 2010. Our spring newsletter will confirm the date. Remember... we set examples, as adults. *Don't be a litterbug!*

Adopt-a-Pine Way

The Township initiated an anti-litter effort referred to as the Adopt-A-Pineway Program in 1995. The Adopt-A-Pineway Agreement requires that

the applicant conduct a litter pickup of a specific roadway at least three times per year. Nec-



essary materials are provided by the Township. Please consider becoming involved. Call Kathryn at (724) 625-1636, Extension 122, for more information.

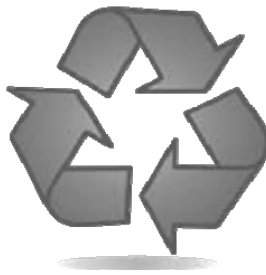
Abitibi Paper Recycling Bin

The Municipal Building will soon have an Abitibi Paper Recycling Bin beside the cardboard recycling bins in the back of the building. Abitibi Consolidated is the world's largest newspaper manufacturer and pays non-profit organizations a nominal fee for paper material for their use in newspaper recycling. Please consider depositing your catalogs, magazines, newspaper, junk mail, and office paper in the bin to add to our fund which will be dedicated to an Earth Day project. **Abitibi does not collect cereal boxes, chipboard, milk cartons, soda cartons, food cartons, phonebooks or cardboard, as these items cannot be used to make newsprint and may contaminate the entire load of material.** You may call Kathryn at (724) 625-1636, Extension 122, with any questions on use of the Abitibi bin or information on recycling phonebooks or cardboard.

Recycling Performance Grant

The Township recently submitted an application for the 2008 Recycling Performance Grant. Our figures continue to improve as 6,146.4 tons of material were recycled, or 0.80 tons per resident (using the 2000 census figures which are the last available). Also, 2,639 tons of material were recycled by our commercial entities, resulting in an anticipated grant from the Pennsylvania Department of Environmental Protection in the amount of \$126,513. A portion of this grant

will be used toward environmental/recycling education and our litter clean-up program. Not only is your recycling environmentally responsible, it is financially responsible as



it helps the Township maintain the current tax millage.

REMINDER:

Please remember to clear snow from the front of, and around sides of carts. Also, keep the lids closed so that snow or moisture doesn't get inside the cart or the contents will freeze to the container preventing complete disposal.



PINE'S PREMIER VOLUNTEER

PAT AVOLIO

The Board of Supervisors of the Township of Pine would like to recognize Pat Avolio, who has been a member of the Planning Commission for the past five years. Pat is currently the Chair of the Planning Commission.

It is with great appreciation that the Board of Supervisors of the Township of Pine honors Pat Avolio as "Premier Volunteer". His commitment to serve the Township of Pine is admired and appreciated for the many hours he has volunteered as a member of the Planning Commission. As with all "Premier Volunteers", Pat Avolio will be added to the list of volunteers currently engraved on the plaque hanging in the Pine Community Center.

Just in time for the holidays...

Gift certificates are available at the Pine Community Center. Please call the Pine Community Center at (724) 625-1636, Option 3 for more information on how to buy gift certificates for the Center.

Reserve now for your Holiday Party!



The Pine Community Center has facility rooms, large and small, available to rent. Bring your own caterer - we have a large catering kitchen! Seating capacity ranges up to 160 people. Phone the Pine Community Center at (724) 625-1636, Option 3 for more information.



Northern Tier Regional Library



Northern Tier Regional Library

Richland Center – 4015 Dickey Road (724-449-2665) *Monday – Thursday 10:00 AM–8:00 PM, Friday 10:00 AM–4:00 PM, Saturday 9:00 AM–4:00 PM* **Pine Center Pine-Richland High School Library -700 Warrendale Road (724-625-5655)** *Monday–Thursday 2:30–5:30 PM Labor Day-Memorial Day Closed for the Summer*
Bookmobile - Pine Tree Shoppes, Wexford (*Fridays 12:30 - 2:45 PM*)

Gold Rush! Do you need money for Christmas? Clean out your jewelry box and cash in! Bring gold, silver or platinum jewelry to the library on Monday, November 9, 12:00-8:00 PM, and take home cash! Patrons will be served on a first come, first served basis. We would like to thank Rodger Ketchell of Ketchell Jewelers for the donation of his time and expertise. All profits benefit the library.

Meet Me at the Piazza! Take a stroll past booths of gift and holiday items. Chat with friends that you meet along the way. Relax for a moment with a slice of gourmet pizza or decadent dessert. This sounds like a European getaway - but it is all waiting for you at the Northern Tier Library! Join us for "Meet Me at the Piazza" Saturday, November 14th at 6:30 PM. Tickets are \$25 and all proceeds benefit the library.

Tree Trimming Party Families are invited to help the library get ready for the holidays with our annual Tree Trimming Party. Join us for stories, songs, ornament making and treats. Our party will be held on Thursday, December 4th at 6:30 PM. This event is co-sponsored by the Friends of the Library. Registration is required.



McCandless-Franklin Park Ambulance Authority...Serving the Residents of Pine

LET THEM THROUGH...IT COULD BE YOU!

In an emergency, minutes can mean the difference between life and death, and critical seconds can be lost if drivers don't make way for emergency vehicles. Take sirens seriously-make way for an ambulance, fire truck or police vehicle. Someday you may be the one calling for help, or the life on the line might be a friend, neighbor or someone you love.

The National Highway Traffic Safety Administration suggest you can do some simple things to help emergency personnel reach a person in need. Use the letters S-I-R-E-N to remember the right way to yield to an emergency vehicle.



S: Stay Alert. Drive defensively, keep the noise level down in your car and look for more than one emergency vehicle approaching when you hear a siren.

I: Investigate. Check your rear-view mirror, scan in front and on both sides of your vehicle, try to estimate the closing speed of the emergency vehicle and plan your next move.

R: React. React quickly but calmly and scan in all directions before pulling over. Always use a turn signal when exiting the roadway and don't slam on the brakes or pull over suddenly.

E: Enter. Before re-entering the road, make a visual sweep in all directions, turn on your signal, and gradually merge back into traffic.

N: Never. Don't stop at a place that doesn't have enough room to pull over safely and never follow or try to outrun an emergency vehicle.

They might be looking for the emergency vehicle too and not be aware of your efforts to yield properly.

On the highway always use your signals so that other drivers know how you intend to exit the road and look for other cars that may have to move across lanes of traffic to yield. Pull as far off the highway as safely possible and gradually brake to avoid losing control in loose gravel on the shoulder.

The medical team at McCandless-Franklin Park Ambulance Authority are always ready and waiting to receive the next emergency medical call. Not every emergency medical response requires lights and sirens, but the next time you encounter such a situation, yield immediately so that the emergency personnel can reach the person who is waiting for help to arrive. Remember, it's important to let them through..next time, it could be you.

Visitability Tax Credit

The Visitability Tax Credit is a new tax incentive to help residents make their homes accessible to friends or family who use wheelchairs or have trouble climbing stairs. Even if you currently do not know anyone who has a mobility limitation, you are still eligible for this tax credit. You should consider making your home visitable now. You, a family member, or even a friend may need these design advantages in the future. Making your home 'visitable' is not a difficult task, especially when building a new home or doing other renovations. This tax credit will be helpful to offset construction costs. Allegheny County encourages all residents to make their homes 'visitable'. For more information contact Richard Meitzer, staff person for the City of Pittsburgh/Allegheny County Task Force on Disabilities, at richard.meitzer@city.pittsburgh.pa.us or call 412-255-2102.



Tenth Annual Golf Outing

The Friends of Pine Community Parks' annual "Golf Classic" was held again this year at Sewickley Heights Golf Club on August 17th, and was another very successful fund-raising event. We would like to thank the following Golf Classic Committee members for the many volunteer hours they contributed to this event: Nancy Barnes, Karen Brackett, Dave Clark, Ed Holdcroft, Judi Krysa, Joni Patsko, Kim Pierson, Frank Spagnolo, and Beth Zupsic.

Without the generous donations made by the following businesses and individuals, our event would not have been as profitable, so to these sponsors, we are extremely grateful:

Presentation Sponsor: NexTier Bank

Gold Sponsors: Eckert, Seamans, Cherin & Mellott, LLC, Fort Pitt Capital Group, and Lennon, Smith, Souleret Engineering, Inc.

Silver Sponsors: Children's Community Services, Federated Investors, Goehring, Rutter & Boehm,

Hanel Storage Systems, Mars National Bank, and Oxford Athletic Club

Hole in One Sponsors: Bobby Rahal Automotive Group, and S & T Bank,

Green Sponsors: Giant Eagle and Tucker, Arensberg, P.C.

\$50,000 Shoot Out Sponsor: Double Eagle Promotions

WindShirt Sponsor: NexTier Bank

Our appreciation is extended to the businesses and individuals who sponsored the tees and donated for our raffle and silent auction.

If you would like to support this event next year or make a tax-deductible donation, please call (724) 625-1636. Participants really enjoyed the day as well as the delicious food and playing the golf course. Why not get involved next year in the planning process, sponsorship or getting a foursome together!



We're Taking It Step By Step.....

The Township of Pine and the Pine Community Center employees have accepted an audacious 12 week challenge to walk "10,000 Steps a Day" towards a healthier lifestyle. Pine, along with our neighboring municipal friends are enjoying some friendly competition sponsored by our healthcare provider. The winning team will take home a cash prize for a charity of their choice. We are proud to announce that at the time of this publication, we have walked over 7,770,050 steps or 3,885 miles as a group with 7 more weeks to go!

Autumn is a great time to begin a walking regiment and reap the many health benefits associated with this type of exercise. Walking can assist in lowering blood pressure, reduce the risk of heart disease, enhance stamina & energy, improve muscle tone, and slow down osteoporosis bone loss. All that is required is a comfortable pair of walking shoes. Did you know that pedometers are available for your use while walking at the Pine Community Center?

We hope you will join our staff in this step-by-step journey by walking in our parks, Township sidewalks, and at the Pine Community Center. Walking will enhance your health and make for a healthier you, so step it up Pine and start walking!

THE TOWNSHIP OF PINE WELCOMES THE FOLLOWING NEW BUSINESSES:

- Bisco Industries..... 150 Lake Drive, Suite 102
- Blue Water Tavern..... 12087 Perry Highway
- Burnt Resistor..... 11171 Perry Highway, Suite A
- Computer Systems Services..... 1786 Old State Road
- Floor Coverings International..... 140 Lake Drive, Suite 105
- Granex Industries..... 140 Lake Drive, Suite 104
- Levin Furniture 10688 Perry Highway
- Paul Goltz, Attorney-at-Law..... 3000 Village Run Road, Suite 105
- Radke Mgmt. Consulting Services..... 205 Summit Circle
- Yinzers North of the Burgh..... 11566 Perry Highway, Unit B
- Zang TaeKwon-Do..... 11356 Perry Highway



Batting Cages and New Restrooms at Pine Park

The Board of Supervisors and Parks & Recreation Commission thank the Friends of Pine Community Parks, the Pine-Richland Baseball/Softball Association, and Frank Spagnolo, for funding the installation of the batting cages at Pine Community Park. We also appreciate the Pine-Richland Soccer Club for assisting with funding for the installation of the new restrooms near the Pine Community Center soccer fields.

We certainly are grateful for all of your generous contributions and ongoing commitment to provide quality athletic opportunities for the residents of Pine and neighboring communities.



Touch-a-Truck and Township of Pine Princesses



The Board of Supervisors and the Parks & Recreation Commission thank the Northern Regional Police Department, Wexford Volunteer Fire Department, McCandless-Franklin Park Ambulance Authority, Complete Collision Inc, Frank Spagnolo, Wright Automotive, Dave Wolford, and Jack Fasick of the Township of Pine Public Works for providing vehicles, and Heidi McMurry for Touch-a-Truck Day on October 3, 2009. We also would like to thank Marty Trombetta, Ryan Wirth, and members of the Pine-Richland Outreach for Volunteering. There were over 300 people attending this first annual event. We appreciate all of your support in making Touch-a-Truck Day a success.

These lovely ladies participated in a Princess Tea Party held on September 26, 2009 at the Pine Community Center. A royal time was had by all.





Calendar of Events

December 2009

- 7 Board of Supervisors' meeting 6:30 PM
- 8 Parks Subcommittee meeting 7:00 PM
- 8 Recreation Subcommittee meeting 7:00 PM
- 8 Parks and Recreation Commission meeting 8:00 PM
- 14 Planning Commission meeting 7:00 PM
- 15 Environmental Advisory Council meeting 7:00 PM
- 21 Board of Supervisors' meeting 6:30 PM
- 24 Township offices and Pine Community Center close at noon**
- 25 Township offices and Pine Community Center are closed**
- 31 Pine Community Center will close at 4:00 PM**

January 2010

- 1 Township offices and Pine Community Center are closed**
- 4 Board of Supervisors' meeting 6:30 PM
- 11 Planning Commission meeting 7:00 PM
- 12 Parks Subcommittee meeting 7:00 PM
- 12 Recreation Subcommittee meeting 7:00 PM
- 12 Parks and Recreation Commission meeting 8:00 PM
- 18 Martin Luther King, Jr. Day - Township offices will be open**
- 19 Board of Supervisors' meeting 6:30 PM
- 19 Environmental Advisory Council meeting 7:00 PM
- 31 Pine Community Center One Year Celebration 12:00 - 4:00 PM**
- 31 EIT fourth quarter 2009 tax due

February 2010

- 1 Board of Supervisors' meeting 6:30 PM
- 8 Planning Commission meeting 7:00 PM
- 9 Parks Subcommittee meeting 7:00 PM
- 9 Recreation Subcommittee meeting 7:00 PM
- 9 Parks and Recreation Commission meeting 8:00 PM
- 15 Presidents' Day - Township offices will be open**
- 16 Board of Supervisors' meeting 6:30 PM
- 16 Environmental Advisory Council meeting 7:00 PM



Garbage collection will be delayed by one day during the weeks of December 24 and December 31.



Holiday trees will be picked up if they are placed at the **curb** for collection from **January 11 - 22**. Do **NOT** use the yard cart to dispose of Christmas trees, yard waste collection is over for the season. Also, if you use plastic to cover the tree upon removing from the house, we ask that you remove the plastic bags when you leave them at the curb, otherwise, they may not be picked up.

Halloween Party in the Park

This year's Halloween Party in the Park was held on Saturday, October 17th. With the temperatures cooler and the ground a little more wet than we normally have in mid-October, the festivities were held in the Pine Community Center.



The Board of Supervisors would like to recognize and thank the following for helping make the event such a success: Corrie Noir, Dale McCall, Keri Brown, Kellie Monroe, Cindy Olshavsky, and Wendy Ruby from the Recreation Subcommittee; John Kimicata from the Parks Subcommittee; and Robin Gibson, Northern Tier Regional Library.

We also couldn't have had such a successful event if it weren't for the generosity of our local businesses and donors: Friends of Pine Community Parks for inflatables; Home Depot for pumpkins; and Giant Eagle for the donut eating contest and the cookie decorating.

Last, but not least, the Township of Pine thanks all of the families who attended our special event. Pine Community Center is a wonderful place to create memories. Thank you for making the afternoon one to remember.



Garbage Collection News

CARTS are Township property...



If selling a house or moving, please remember that garbage, recycling, and yard waste carts remain at the house they were delivered. The carts have serial numbers, which were assigned to every residence on Pine. Carts are property of the Township and must remain at the residence they were assigned to originally, unless the new owner requests a size change.

Summer Job? Part-time Wages?

Students and other residents who worked for the first time in 2009 will be required to file an earned income final tax return by April 15, 2010. If earnings are in excess of \$5,000 per year, quarterly filing will be required.

Please telephone or E-mail the tax office to register, which is required by the Township Code. We will need your social security number, name of current employer and date employed. The registration form and payment forms are also available at the Township website, <http://www.twp.pine.pa.us>.

United Way Contributions - Code #9845

When you are asked by your employer to contribute to the United Way this year, please consider designating your contributions to the development of **Pine Community Park**.

When filling out the enrollment form, fill in **Code Number 9845**. We certainly appreciate the generosity of residents who have been contributing to the development of our park thus far through the United Way and hope that more will do the same. Why not put your United Way allotment to work in your own community?



Beware Deer Crossing

The State of Pennsylvania has one of the largest deer populations in the United States. Please be especially careful at this time of the year because deer tend to run during mating season without regard to traffic. They are particularly active between sunset and midnight and shortly before and after sunrise!

Please call the Pennsylvania Game Commission at (724) 238-9523 to remove deer hit by vehicles. They remove **deer only**...please do not call for the removal of any other types of animals. If the deer is on a state road please call PennDot at (412) 781-3260.

Sign Up Now! Winter Programs

Member Registration:

November 9, 2009

Non-Member & Associate Registration:

November 23, 2009

ONLINE REGISTRATION!

No need to drive to Pine Community Center to register

Sign up the convenient way.

<http://www.twp.pine.pa.us>

Pine

COMMUNITY CENTER

100 Pine Park Drive
Wexford, PA 15090

Phone: 724-625-1636

Hours of Operation

Monday—Friday 7:00 am - 10:00 pm

Saturday & Sunday 8:00 am - 4:00 pm

Upcoming dates Pine Community
Center will be closed:

Thanksgiving

Christmas Eve (Close at noon)

Christmas Day

New Year's Eve (Close at 4:00 pm)

New Year's Day

Did You Know?

It is better to sign up early for classes! What is the benefit?

- Guaranteed spot in the activity



What is the easiest way to sign up?

- Online Registration— Visit twp.pine.pa.us/pine_communitycenter.htm

Alternate ways to sign up?

- Visiting the Front Desk
- Mailing in the attached registration form with payment.

All Ages Programs:

Family Fun Night!



A night of activities for the family! The gymnasium will be set up for various games. Some of the evening activities are: pickle-ball, volleyball & table tennis. Also the Sportwall & Xer dance will be available to try out & experience. The Nintendo Wii will be available for children to challenge their parents. The community room will be available for board games.

Who: Families
 Where: Pine Community Center
 When: Friday, February 12th, April 9th
 Time: 7:00PM – 9:00PM.
 Fee: **Free** to all Full Facility Members
 Non-members \$5.00 per person
 \$20.00 max per family

Puppies: Possibilities and Practicalities

A class designed to educate and prepare potential new pet owners on deciding the right time, selecting the best breed and evaluating the new puppy prospect. What to expect when bringing home the new addition. The essentials and equipment required and a brief overview on bonding, socialization, training and health care. All classes will be held in a classroom and help prepare you for your new pet.

Who: Families ready for the addition of a puppy!
 When: Tuesday January 12 - February 16
 Time: 6:00 PM - 7:00 PM
 Fee: Member: \$60.00
 Non-member: \$70.00



Self Defense for Women

Taught by instructor Enio Tozzi a 2nd degree black belt in Tae-Kwon-Do. This class meets once a month, and provides basic steps and tips for self defense.

Sign up individually for each month.

Who: 14 and up
 Where: Community Room East
 When: Saturday, February 13, March 13, and April 10
 Time: 10:00AM – 11:00AM
 Fee: Member: \$5.00 per class
 Non-member: \$7.00 per class



Free Self Defense for Women Demonstration is January 9. Pre-register by January 6 at the Pine Community Center front desk!

Family Movie Night

Hotel for Dogs

Take a rest from gearing up for the holidays and enjoy a movie! Based on Lois Duncan's novel, the story revolves around two orphaned teenagers who decide to turn an abandoned building into a safe haven for stray dogs. Rated PG

Concession items available for purchase during the movie.

Who: Families
 Where: Pine Community Center
 When: Friday, November 13
 Show Time : 7:30 PM
 Run Time: 100 min
 Fee: **Free**



All Ages Programs:

American Heart Association

Family and Friends—CPR This course teaches lay rescuers skills in CPR and relief of choking in adults, children and infants—plus child safety strategies. This course is recommended to everyone from school children to adults who care for infants, children or adults at risk of choking or sudden cardiac death. A course orientation card is given upon completion of the class.

Who: People in need of CPR training
 Where: East Community Room
 When: Thursday, January 21
 Time: 6:30 PM - 8:30 PM
 Fee: Members: \$25.00
 Non-members: \$30.00



American Heart Association Credentialing Class Heart Saver CPR

Heart Saver class includes a written test and skills check. These courses are intended for all individuals who have a duty to respond to an emergency because of job responsibilities or regulatory requirements. Including: Police, Fire Fighters, Security guards, Lifeguards. Also ideal for employees of: Restaurants, Nursing homes, Fitness Centers. Student workbook is provided for the course. Credentials are valid for two years.

Where: East Community Room
 When: Thursday, February 18
 Time: 6:30 PM - 8:30 PM
 Fee: Members: \$30.00
 Non-members: \$35.00

Youth Programs:

Little Pine Time:

A Mommy or Daddy & Me class where parents & children can socialize with others. Examples of the activities would include, a craft time, storytelling, and activities in the gym.



Session 1

Where: Multi Purpose Room B
 When: Friday, January 15 – March 5
 8- Week Session (8-Classes)

Time: 9:30 AM - 10:30 AM
 Fee: Member: \$40.00
 Non-member: \$54.00

Session 2 (Registration for second session begins February 15 for members & February 22 for non-members)

Where: Multi Purpose Room B
 When: Friday, March 12 – April 2
 4 - Week Session (4-Classes)

Time: 9:30 AM - 10:30 AM
 Fee: Member: \$20.00
 Non-member: \$27.00

Early Childhood Music with the Center for Young Musicians

Children ages 2 through 5, and their parent or caregiver, will learn to sing, play and move to music. CYM classes weave fundamental components of rhythm and melody into fun activities to enhance a life-long love of music.



Who: 2 - 5
 Where: Multi Purpose Room A
 When: Monday, January 11 – February 1
 Time: 10:30 AM – 11:30 AM
 Fee: Member: \$75.00
 Non-member: \$95.00
 4- Week Session (4- Classes)

Kid Fit Club

A fitness class designed to help kids learn & improve their basic sport skills while having a personal fitness plan developed for them. Sports skills will include but are not limited to football, basketball, soccer, golf & tennis. Fitness plans will target increasing strength, flexibility, and coordination through the proper use of free weights, exercise bands and body weight training principals. Kids will learn that fitness and sports can be fun!



Where: North Gymnasium
 Who/When: Ages 8-11 Thursday, January 14 – April 8th
 No Class April 1st
 Who/When: Ages 12-15 Friday, January 15 – April 9th
 No class April 2nd
 Time: 4:30PM – 5:30PM
 Fee: Member: \$84.00
 Non-member: \$91.00
 12- Week Session (8-Classes)

Youth Programs:

Pre-School Open Gym

Monday, Wednesday, and Friday of each week gym time is set-aside for open gym time for preschool children. Items appropriate for preschool age children like a mini basketball hoop, tumbling mats & other various items are set out in the gymnasium. This unstructured time offers children & parents a place to play & make believe.

Who: Pre-School w/parent
 Where: North Gymnasium
 When: Monday, Wednesday & Friday
 Time: 8:30 AM – 10:30 AM
 Fee: Member: **FREE**
 Non-member: \$5.00 per child

Sporty Kids

This is a class to introduce young children to sports & build confidence while having fun at the same time. Parents & children work together learning skills like, throwing, catching, kicking, and batting.

Who: 4-6
 When: Friday, January 15 – March 5
 Time: 10:45-11:30
 Fee: Member: \$50.00
 Non-member: \$68.00
 8- Week Session (8-Classes)



Mini Kickers

This is a great opportunity to get your young children into soccer. This introductory course is designed to develop their skills. 8- Week Session (8-Classes)

Who: 4 - 6
 Where: North Gymnasium
 When: Tuesday, January 12 – March 2 OR
 Time: 10:30 AM – 11:15 AM
 Wednesday, January 13 -March 3 (Cannot Alternate Days)
 Time: 10:30 AM – 11:15 AM
 Fee: Member: \$50.00
 Non-member: \$67.00



Tae-Kwon-Do

This is an introductory course into Tae-Kwon-Do; the participant learns the basics of this martial art. The first class a suit will need to be purchased. For ages six years & up can participate as families. First lesson will be fitted & order the dobaks (Tae-Kwon-Do uniform). *Instructor will have uniform prices at the first class.*

Who: 6 and up
 Where: Community Room East
 When: Wednesday, January 13 – March 3
 Time: 6:15PM – 7:15PM
 Fee: Member: \$40.00
 Non-member: \$54.00
 8- Week Session (8-Classes)



Pre-School Fun

This hour-packed class will be a blast! The learning activities will include exciting stories, fun finger plays, groovy dances, movement activities, and crafts. Certified Kindergarten teacher, Mrs. O, will be your child's guide to enhance important Kindergarten readiness skills! 8 – Week Session (8- Classes)

Who: Pre-School
 Where: Multipurpose Room B
 Evening: Thursday, January 14 – March 4
 Time: 6:30PM – 7:30PM
 Fee: Members \$40
 Non-Members \$54



Kids Corner (onsite babysitting)

Childcare is available for members & guests using the Pine Community Center. Kids Corner is a safe and friendly environment for your children while you work out. (Parents/guardians must remain in the Pine Community Center.)

Morning Hours:	Monday – Friday	Age:	3mo – 9yrs
	9:00 AM – 12:00 AM	Fee:	Member: \$1.00 per hour
Evening Hours:	Monday – Thursday		Member Care Card: \$20.00 – 20 visits
	5:30 PM – 8:30 PM		Non-member: \$3.00 per hour
			Non-member Care Card: \$30.00 – 10 visits



Youth Programs:

New this Winter! Pine Community Center Developmental Basketball League:

Looking for a place for your upper elementary schoolchild to play basketball? Come join the Pine Community Center for its Youth Developmental Basketball League! Practice will be held on weekday evenings with games played on Saturdays. For additional information please call the Pine Community Center at **724-625-1636** or stop in at the front desk.

Help! Looking for parents to help as coaches for the basketball league, If interested please call the Pine Community Center at the number listed above.

Who: Grades 4-6

When: Practice Begin December 5

Times: 1 week night practice & 1 Saturday Game

Games Begin January 9

Fee: Member: \$60.00

Non-member: \$75.00

Registration Deadline November 27!



Discovery Kids

This class is sure to excite you child Each week a different theme that fun and exciting for your child!

Week 1: WIGGLES, JIGGLES, AND GIGGLES, Join us for a fun filled wiggly and jiggly time! Kids will enjoy manipulating jello, noodles, gummy worms and more! This one hour program will also include craft activities, games, and a snack. Small and Large motor development will most certainly make your child wiggly and giggly!

Week 2: NIGHT FLYERS, This one-hour program will cover the wonderful world of owls & bats. We will discuss their behavior, and environment. Crate crafts, & play games. Children have always been fascinated with these night flyers; this program will surely capture their attention!

Week 3: IMAGINATION STATIONS Straw painting and bubble painting will be the highlight of this class. Students will use their imaginations and their paintings to share a silly story! Students truly have a blast creating and sharing! Various ages are a delight in this class where little imaginations rule the room!

Who: Ages 3-6

When: Thursday, February 4 - February 18

Time: 10:00 AM - 11:00 AM

Fee: Member: \$30.00

Non-member: \$40.00



Zumba Tonic (Teen & Youth Zumba Classes)

Little Starts Class: (Dance, Hip Hop, and games)

Who: Ages 4-7

When: January 16 - March 6

Time: 1:00 PM - 1:45 PM

Big Stars Class: (Dance, Hip Hop, and Games)

Who: Ages 8-12

When: Friday, January 15 - March 5

Time: 4:30 PM - 5:15 PM

Teen Stars Class:(Latin dance mixed with hip hop music)

Who: Ages 13-17

When: Tuesday, January 12 - March 2

Time: 3:30 PM - 4:30 PM

Fee: Member: \$40.00 Non-member: \$50.00



Cookies & Caroling

Start you holiday season with this festive afternoon, of caroling crafts & cookies. This afternoon brought to you by the Recreation Sub-Committee. Remember to bring your camera for this picture perfect event!

Who: Families

When: December 5

Time: 2:00 PM - 4:00 PM

Fee: \$3.00 per child.



Make and Take Ornaments

Start your holiday decorating early! We are going to be making five ornaments that children can keep for themselves or give as holiday gifts. What better way to teach children the importance and benefit of giving to others.

Who: Ages 4-6

When: Tuesday, December 8

Time: 10:00 AM - 11:00 AM

Fee: Member: \$15.00

Non-member: \$22.00



Holiday Drop Off

Get the last minute holiday plans finished and let the Pine Community Center watch your children for a couple of hours. They will enjoy games in the gym, crafts and other fun activities!

Must have 10 children signed up by December 5th.

Who: Ages- 4-8

When: December 12

Time: 11:00 AM – 3:00 PM

Fee: Member \$12.00

Non-member \$16.00 per hour



Teen Programs:

Guitar Hero

Do you think that you are the master of GUITAR HERO? Here is your chance to show off your "guitar" skills! Each week challenge your friends and achieve the highest score. After 8 weeks, the participants with the two highest scores will play head-to-head for the championship!

Grades: 7th - 12th

When: Thursday, January 14 – March 4

Time: 4:00PM – 6:00PM

(Middle School, 7-8 Grade)

6:00PM – 8:00PM

(High School 9-12 Grade)

Fee: Member: **Free**

Non-member: \$15.00



Wii Bowling League

Have the fun and excitement of league bowling without the rental shoes! Using the hit video game system enjoy a session of league play. During play, each participant records his or her own score on the master list. After each week the list is turned in to the front desk. Fun for all ages!

Grades: 7th - 12th

When: Monday, January 11 – March 1

Time: 4:00PM – 6:00PM

(Middle School, 7-8 Grade)

6:00PM – 8:00PM

(High School 9-12 Grade)

Fee: Member: **Free**

Non-member: \$15.00



Urban Art for Teens (12 to 16 years old)

In this exciting class, we will draw and paint city scenes using perspective. Houses, buildings and street signs will be the subjects to paint. Three paintings and one air dry clay project will be produced along with several drawings. Materials will be provided for this class.

Ages: 12-16

When: Tuesday January 12 - February 16

Time: 6:00 PM - 7:30 PM

Fee: Members: \$85.00

Non-members: \$97.00



Modern Manners

Do you want your teenager to make the right impression and stand out in a crowd? Have them join their friends and classmates for a fun, interactive and informative course that will cover: Introductions and greetings - street, elevator and other indoor and outdoor etiquette - handshakes, smiles, eye contact, compliments, dress and posture - meals, table settings, table manners, types of food and how to eat them - communication etiquette, cell phones, e-mails, RSVP's and thank you notes. The techniques taught in this course will provide the foundation to support a teenager in social settings like interviews, auditions, dinners and other events.

Minimum of 4 participants

An Etiquette Course Designed for Teens:

Who: Grades: 9-12th (High School)

When: Saturday, January 9 Time: 10 a.m. - Noon

An Etiquette Course designed for Pre-teens:

Who: Grades: 6-8th (Middle School)

When: Saturday, January 23 Time: 10 a.m. - Noon

Fee: Members: \$16 a class

Non-members: \$20 a class

Dodgeball Tournament

Introducing the first annual Dodgeball Tournament. Sign your team up now! Each team consists of 6 players. Play will be a round robin tournament, with single elimination playoffs. Must sign up your team by February 10. **All teammates must sign up at the same time.** Limited to 8 teams.

Who: Grades 6-8

When: February 15 (No School!)

Time: 12:00 PM

Fee: \$5.00 a person



Pickup Pickleball

Every Wednesday afterschool the community center offers open gym time for Pickleball. Challenge your friends now and prepare for the next Tournament!

Who: Teens

When: Wednesday's

Time: 5:00 pm - 7:00 pm

Fee: Members: \$2.00

Non-members: \$5.00

Pickleball Tournament

After the success of the first tournament, The Pine Community Center is proud to offer a Winter Pickleball Tournament! Participants sign up in teams of two. (Limited to 20 teams total) *Note* all team members must register at the same time. Both teammates need to fill out the registration form and pay the \$5.00. **Must sign up with a teammate.** Play is double elimination, with games to 11 (Must win by 2) Championship match is 3 games to 11 (Must win by 2)

Who: Teens

When: January 15 (No School!)

Time: 12:00 PM

Fee: \$5.00 a person



Adult Enrichment:

WES >> Wellness / Energy / Success

The time is now for all 30 and up men & women to focus on getting back into shape. Our fantastic WES Program is the ticket for you! Instructor Ken Krisby will lead all in basic calisthenics/aerobics to music to increase stamina and assist in weight control, and he will also have you develop strength conditioning techniques for a stronger body core. This one hour program once a week will absolutely get you started on the path to: Wellness more Energy and a Successful Exciting New You! Ken has been teaching this class for many years, he himself is in his 50's and he truly embraces working with the 40+ crowd instructing, coaching, giving them encouragement, and focusing them on achieving their fitness goals. Ken is an individual who can make a difference in your physical fitness aspirations. Don't Delay Join today for a "New You New Way."



Who: 30 and up

Where: Exercise Room I

When/ Time: Sunday 9:15-10:15 am **8-Week Session**
January 10 - March 1

When/Time: Wednesday 6:30-7:30 pm
January 13-February 17 **6-Week Session**

Fee: Member: \$60.00.(8 weeks) \$45.00 (6 Week)
Non-member: \$80.00 (8 weeks) \$60.00 (8-weeks)

Time Wave Music with the Center for Young Musicians

Adults learn the basics of music through exploring the Legends of American Music, including Folk, Country, Rock, and Jazz. Previous experience is not necessary. Instrumentalists can bring along their instruments.

Who: 18 and up

Where: Multi Purpose Room A

When: Friday, January 15– February 5

Time: 9:30 AM – 10:30 AM

Fee: Member: \$75.00.

Non-member: \$95.00

4 – Week Session (4-Classes)



Acrylic Painting for Adults.

All levels of painting are welcome

In this relaxing class we will review the color wheel, mixing color, sketching, composition and painting. We will create a painting based on a still life and we will also produce a painting based on a picture of your choice. Pictures and cut-outs will be available for inspiration. The list of materials will be available upon registration.



Ages: 16 and older

Where: Multi Purpose room B

When: Wednesday January 13 - February 17

Time: 10:00 AM - 12:00 PM

Fee: Members: \$85.00

Non-members: \$97.00

Line Dancing

Offered in the spring and fall, line dancing is a great deal of fun for those who like to dance with or without a partner. In a line dance, everyone is doing the same step at the same time, keeping the beat to the music. Each class consists of 60 minutes of line dancing.

When: Wednesday, March 3- May 5

Time: 6:30PM - 7:30PM

Who: 16 and up

Fee: Member: \$35.00

Non-member: \$48.00

10 – Week Session (10 –Classes)



SilverSneakers:

SilverSneakers® Muscular Strength and Range of Movement

SilverSneakers® Muscular Strength and Range of Movement – Have fun and move to the music through a variety of exercises designed to increase muscular strength, range of movement, and activity for daily living skills. Hand-held weights, elastic tubing with handles, and a ball are offered for resistance, and a chair is used for seated and/or standing support.

Who: SilverSneakers Members

Where: Community Room

When/Time: Monday's 11:15.00 AM - 12:15 PM

When/Time: Thursday's 11:00 AM - 12:00 PM

Fee: SilverSneakers Member: Free

PCC member: Free

Non-member: \$5.00



Senior Programs:

Senior Open Gym

Tuesday's and Thursday's of each week gym time is set-aside for open gym time for seniors. Each week a different activity will be set up. Such as Basketball, Volleyball, Badminton, and that crazy game Pickleball (Which is similar to table tennis, but played on a badminton court, with a special net height)

Where: South Gymnasium
 When: Tuesday's & Thursday's
 Time: 11:00 AM - 1:00 PM
 Fee: Members: **Free**
 Non-member: \$5.00

Wii Bowling League (Seniors)

Fun for all ages! Nintendo Wii Bowling League Sign up with your friends or with new friends from the Pine Community Center. During play, each participant records his or her own score on the master list. After each week the list is turned in to the front desk. All of the fun and excitement of league play without the rental shoes!

Who: 55 and up
 Where: Game Room
 When: Tuesday, January 12 – March 2
 Time: 12:00 PM – 2:00 PM
 Fee: Member: **Free**
 Non-member: \$15
 8 – Week Session (8- Classes)



Senior Card Time

Free with the purchase of a regular or an associate membership! Enjoy meeting old friends, and creating new ones in our senior room. The meeting room in the community center transforms into a game room for seniors.

When: Monday – Friday
 Time: 10:00 AM – 2:00 PM
 Fee: Members: **Free**
 Non-member: \$5



Pot Luck Lunch:

Once a month bring your favorite seasonal dish to the Pine Community Center for a potluck lunch. Lunches held on Tuesdays

When: December 8 The Holidays
 (pre-register by December 4)
 January 12 New Years
 (pre-register by January 8)
 February 9 Winter
 (pre-register by November 6)
 Time: 12:00 PM – 2:00 PM
 Fee: Members: **Free & Dish**
 Non-Member: \$5.00 & Dish



Community Recreation:

Weekly pick up games with level of competition depending on the evening.

Who: Adults 18+
 Weekly Drop in Fee: \$2.00 Member
 \$5.00 Non-Member



Noon Hoops

Come to the Pine Community Center on your lunch for competitive pickup games. Offered 3 days a week.
 Monday, Wednesday, & Friday 11:30 AM – 1:00 PM

Men's Basketball

This program offers you a wide variety of competition. Teams are formed each night. Play is competitive. Thursday, 7:30 PM – 9:30 PM

Recreational Volleyball

Play is geared toward the novice player. For anyone looking to play recreational volleyball.
 Wednesday, 7:30 PM – 9:30 PM

Power Volleyball

Play is for anyone that is experienced in volleyball. This program is not for the beginner.
 Friday, 7:30 PM – 9:30 PM
 (Does not meet on October 2, December 4)

Group Fitness Classes by FitWell Studios



FitWell Studios—"NEW YEAR, NEW YOU!" EVENT—2 weeks of FREE classes starts Jan 4, 2010
 *** Group Fitness 8-Week Winter 2010 Sessions—Starts Jan 18, 2010 ***

Boot Camp Lose weight, feel great!

Join FitWell Studios' certified fitness instructors for a class that is packed with fun & energizing activities to help you reach your fitness and wellness goals. This class is a great way to jump-start your fitness program. Weight loss, strength, increased stamina, & heightened confidence are some of the benefits that you will see from this class. Now is the time to invest in yourself for a healthier & more fit you!



~ ~ ~ Register early, space is limited! ~ ~ ~

Monday AM Boot Camp Session

When: January 18—March 8, 2010
Time: 9:30—10:30 AM
Where: South Gymnasium
Who: All Fitness Levels
Instructor: FitWell Studios' Instructor—Terri Keeler
Pricing: Members: \$65.00/Session
Non-Member: \$80.00/Session

Zumba® Fitness



Ditch the workout and join the party!

Join FitWell Studios' certified Zumba fitness instructor for the "feel happy workout" that will melt those stubborn pounds away! Zumba fitness is a high-energy class that combines motivating music with Latin dance moves & combinations into a dynamic, effective fat-burning exercise program. Come dance your worries away & lose weight while you're having fun!

~ ~ ~ Register early, space is limited! ~ ~ ~

Monday PM Zumba Session

When: January 18—March 8, 2010
Time: 5:30—6:30 PM
Where: Fitness Room 1
Who: All Fitness Levels
Instructor: FitWell Studios' Instructor—Lisa Nolan
Pricing: Members: \$65.00/Session
Non-Member: \$80.00/Session

FitWell Studios FIT Camp™

Supercharge your fitness & fat loss!

FIT Camp is the most efficient way to turn your body into a fat-burning machine! FIT stands for "Fitness Interval Training" which mixes bursts of high intensity exercises with periods of low/moderate intensity for recovery. FitWell Studios' FIT Camp will supercharge your fitness, boost your metabolism, & burn off that stubborn excess fat. It's a New Year for a NEW YOU!

~ ~ ~ Register early, space is limited! ~ ~ ~

Thursday AM FitWell Studios FIT Camp Session

When: January 21—March 11, 2010
Time: 8:00—9:00 AM
Where: South Gymnasium
Who: All Fitness Levels
Instructor: FitWell Studios' Instructor—Ashley Brooks
Pricing: Members: \$65.00/Session
Non-Member: \$80.00/Session

EZ Rider – Beginner Spin

New to Spinning? This class is for you!

FitWell Studios' EZ Rider is an indoor cycling class taught in a nurturing, non-competitive environment to orient beginners to proper spinning. Join our certified spin instructor to learn bike adjustment & fit, upper body positioning & hand placement, foot orientation, pedal stroke phases & muscle recruitment, lower body alignment, & cardiovascular monitoring. This class will create a strong knowledge base that you can take with you into any of our Spin classes or on a ride in the great outdoors!

~ ~ ~ Register early, space is limited to 9 participants! ~ ~ ~

Monday AM EZ Rider Session

When: January 18—March 8, 2010
Time: 10:45—11:45 AM
Where: Fitness Room 2
Who: All Fitness Levels
Instructor: FitWell Studios' Instructor—Terri Keeler
Pricing: Members: \$65.00/Session
Non-Member: \$80.00/Session

Spin Get in the fast lane to fitness!

Join FitWell Studios' certified spin instructor for an invigorating cycling experience that will condition the total body. Based on indoor cycling performed on a stationary bike, spin is a high-energy workout that will burn calories, increase cardiovascular endurance, & strengthen both upper & lower body while working at your own level. Our well-trained instructor will motivate you throughout your workout with great spin routines & energizing music.



~ ~ ~ Register early, space is limited to 9 participants! ~ ~ ~

Tuesday AM Spin Session

When: January 19—March 9, 2010
Time: 9:30—10:30 AM
Instructor: FitWell Studios' Instructor—Dawn Landis

Wednesday PM Spin Session

When: January 20—March 10, 2010
Time: 6:45—7:45 PM
Instructor: FitWell Studios' Instructor—Mark Bedel

Friday AM Spin Session

When: January 22—March 12, 2010
Time: 10:45—11:45 AM
Instructor: FitWell Studios' Instructor—Dawn Landis

ALL Spin Sessions

Where: Fitness Room 2
Who: All Fitness Levels
Pricing: Members: \$65.00/Session
Non-Member: \$80.00/Session

IMPORTANT—ONE WEEK prior to the session start dates:

Group fitness classes must have a minimum of 10 students for classes to be a go
 Group spin classes must have a minimum of 6 students for classes to be a go

Group Fitness Classes by FitWell Studios

Spin FIT Camp Supercharge your fitness & fat loss!

Same great spin class with focus on "Fitness Interval Training" (FIT)!

~ ~ ~ Register early, space is limited to 9 participants! ~ ~ ~

Monday PM Spin FIT Camp Session

When: January 18—March 8, 2010

Time: 6:45—7:45 PM

Instructor: FitWell Studios' Instructor—Ashley Brooks

Saturday AM Spin FIT Camp Session

When: January 23—March 13, 2010

Time: 8:00—9:00 AM

Instructor: FitWell Studios' Instructor—Mark Bedel

ALL Spin FIT Camp Sessions

Where: Fitness Room 2

Who: All Fitness Levels

Pricing: Members: \$65.00/Session

Non-Member: \$80.00/Session



Pilates Transform your body with Pilates!

Join FitWell Studios' certified Pilates instructor for an invigorating Pilates mat class. Pilates effectively targets the deepest muscles in the body to create a strong core, toned & sleek muscles, improved balance & coordination, & increased flexibility. Pilates is the best exercise for all fitness levels and is used as cross-training for many athletic activities such as golfing, cycling, running, etc.

~ ~ ~ Register early, space is limited! ~ ~ ~

Wednesday AM Pilates Session

When: January 20—March 10, 2010

Time: 9:30—10:30 AM

Instructor: FitWell Studios' Instructor—Linda Dishart

Thursday PM Pilates Session

When: January 21—March 11, 2010

Time: 6:45—7:45 PM

Instructor: FitWell Studios' Instructor—Pepsi Hutton

ALL Pilates Sessions

Where: Fitness Room 1

Who: All Fitness Levels

Pricing: Members: \$65.00/Session Non-

Member: \$80.00/Session



Spin/Core Spin a Stronger Core!

Same great spin class with focus on core training!

~ ~ ~ Register early, space is limited to 9 participants! ~ ~ ~

Saturday AM Spin/Core Session

When: January 23—March 13, 2010

Time: 9:00—10:00 AM

Where: Fitness Room 2

Who: All Fitness Levels

Instructor: FitWell Studios' Instructor—Mark Bedel

Pricing: Members: \$65.00/Session

Non-Member: \$80.00/Session



Yoga & Power Yoga

Gain Flexibility and Strength with Yoga!

Join FitWell Studios' certified yoga instructor for a terrific class designed for mixed levels from beginner to intermediate. Yoga is a wonderful way to reduce stress, increase energy levels, improve flexibility & balance, & increase strength & resiliency. Practicing yoga will naturally detoxify your body & help you cope with stress to bring balance & overall wellness into your life.



~ ~ ~ Register early, space is limited! ~ ~ ~

Tuesday AM Yoga Session

When: January 19—March 9, 2010

Time: 10:45—11:45 AM

Instructor: FitWell Studios' Instructor—Sharon Mitchell

Tuesday PM Yoga Session

When: January 19—March 9, 2010

Time: 6:45—7:45 AM

Instructor: FitWell Studios' Instructor—Pepsi Hutton

Thursday AM Power Yoga Session

When: January 21—March 11, 2010

Time: 9:30—10:30 AM

Instructor: FitWell Studios' Instructor—Linda Dishart

ALL Yoga & Power Yoga Sessions

Where: Fitness Room 1

Who: All Fitness Levels

Pricing: Members: \$65.00/Session

Non-Member: \$80.00/Session

Power Sculpt Chisel a lean body!

Join FitWell Studios' certified fitness instructor for a fun & energizing sculpting class to tone & shape the entire body. Our instructor will lead you through creative strength training routines that will transform your body into a lean, calorie-burning machine. Class uses weights, stability balls, & therabands.



~ ~ ~ Register early, space is limited! ~ ~ ~

Wednesday Session

When: January 20—March 10, 2010

Time: 4:30—5:30 PM

Friday Session

When: January 22—March 12, 2010

Time: 9:30—10:30 AM

ALL Power Sculpt Sessions

Where: Fitness Room 1

Who: All Fitness Levels

Instructor: FitWell Studios' Instructor—Terri Keeler

Pricing: Members: \$65.00/Session

Non-Member: \$80.00/Session

VOLUME DISCOUNT—Buy 2 sessions at full price, take \$10 off additional 8-week sessions or \$5 off additional 4-week sessions purchased.

FAMILY & FRIENDS REFERRAL BONUS—Refer a family member or friend. If they purchase a session at full price, you will receive \$10 off your next full-priced 8-week or 4-week session. Pick up referral coupons at Pine Community Center.

* NOTE: Volume Discount and Family & Friends Referral Bonus cannot be combined. Family & Friends Referral Bonus only valid when referred person is new to FitWell Studios.

ACTIVITY REGISTRATION FORM

Three options are available for activity registration:

- Hand-deliver to the Pine Community Center Front Desk, or
- Mail to the Pine Community Center, 100 Pine Park Drive, Wexford, PA 15090
- Online at www.twp.pine.pa.us/pine_communitycenter.htm

Each program has limited spaces to ensure quality. First come-first serve basis. One registration form required for each student. We do not accept phone registrations. Please make checks payable to: Pine Community Center. (There is a \$25.00 fee for all returned checks.) Pine Community Center reserves the right to cancel class for low attendance or any other unforeseen reason, and, if possible, will give a 24-hour notice of cancellation.

Please Print

Program Name: _____ Program Time _____

Membership Fee: _____ Program Day _____

Non-Membership Fee: _____

Participants Name: _____

Adult ___ Child ___ Date of Birth _____ Gender: M ___ F ___

If child, name of parent/guardian: _____ Email address: _____

Address: _____ City/State/Zip: _____

Phone: Home _____ Work _____ Cell: _____

Name of Emergency Contact: _____

Emergency Contact Phone: Home _____ Work: _____ Cell: _____

Does participant have any allergies or chronic health problems? If yes, please explain _____

Payment Information (office use only)

Credit Card: MC ___ Visa ___ AMEX ___ Credit Card # _____, Exp. Date _____

Cash: \$ _____ Check# _____

WAIVER

In consideration of and agreeing to, on behalf of both myself, on my membership account, and my minor child(ren), participate in recreation and fitness activities at the Pine Community Center, I agree as follows:

I fully understand and acknowledge that recreational and fitness activities have (a) inherent risks, dangers, and hazards and such exists in the use of any equipment and the participation in these activities; (b) both my own and my minor child(ren)'s participation in such activities and/or use of such equipment may result in injury or illness including, but not limited to bodily injury, disease, strains, fractures, partial and/or total paralysis, death or other ailments that, could cause serious disability; (c) these risks and dangers may be caused by the negligence of the agents, officers, representatives, employees, or volunteers of the Township of Pine and the Pine Community Center, the negligence of the participants, the negligence of others, accidents, breaches of contract, or other causes; (d) in consideration of and by my participation and my minor child(ren)'s participation in these activities and for both my and their use of equipment, I hereby (and also on behalf of my minor child(ren)) voluntarily assume all risks and dangers and all responsibility for any injuries, losses and/or damages of any kind whatsoever, whether caused in whole or in part by the negligence or the conduct of the agents, officers, representatives, employees, or volunteers of the Township of Pine and Pine Community Center, or by any other person.

I, on behalf of myself, my minor child(ren), my personal representatives and my heirs, executors, and administrators, hereby voluntarily agree to release, waive, discharge, hold harmless, defend, and indemnify the Township of Pine and the Pine Community Center and its their agents, officers, representatives, employees, and volunteers from any and all demands, claims, causes of action, liability, or losses for bodily injury, property damage, wrongful death, loss of services or otherwise which may arise from any cause whatsoever and including those arising in anyway from my or my minor children(ren)'s use of any equipment or participation in these activities. I specifically understand that I am releasing, discharging, and waiving any demands, claims or causes of action that I or my minor child(ren) (or my above-stated representatives) may have presently or may have in the future for the negligent acts or other conduct by the agents, officers, representatives, employees, and volunteers of the Township of Pine and of the Pine Community Center.

Intending to be legally bound, I have read and understand the above waiver and release and by signing it voluntarily agree to its terms. It is my express intention to exempt and release and hold harmless the Township of Pine, the Pine Community Center and their agents, officers, representatives, employees, and volunteers, from any and all liability for personal injury, property damage or wrongful death (to either myself, or to my minor child(ren)) caused by their negligence or by any other cause.

Signature

Date



Pine Community Center Gym Schedule

724-625-1636

Winter (January-March)

North Gym

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Open Gym 8am-10am	Pre-School Open Gym 8:30am -10:30am	Open Gym 8am-11am	Pre-School Open Gym 8:30am -10:30am	Open Gym 8am-11am	Pre-School Open Gym 8:30am-10:30am	Open Gym 8am-10:45am
Private Rental* 11am-1pm	Adult Noon Hoops 11am-1pm	Mini Kickers 11am-12:30pm	Adult Noon Hoops 11am-1pm	Open Gym 11am-5pm	Adult Noon Hoops 11am-1pm	Private Rental* 11am-1pm
Party Package* 1pm-3pm	Open Gym 1pm-5pm	Open Gym 1pm-4pm	Open Gym 12pm-7pm	Open Gym 1pm-5pm	Open Gym 1pm-5pm	Party Package* 1pm-3pm
	Private Rental* 4pm-6pm	Youth Basketball 5:30pm-6:30pm		Kid Fit Club 4:30pm-5:30pm	Kid Fit Club 4:30pm-5:30pm	
	YouthBasketball 6:30pm-8:30 pm	Open Gym 7:30pm- 9:45 pm	Rec Volleyball 7:30pm-9:30pm	Basketball 7:30pm-9:30pm	Power Volleyball 7:30pm-9:30 pm	

South Gym

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Open Gym 8am-3:45pm	Open Gym 8am-9:30am	Open Gym 8am-10:30am	Open Gym 8-10am	FIT Camp 8am-9:00am	Open Gym 8am-9:30am	Youth Basketball 8am-3:45pm
	Boot Camp 9:30-10:30am		Little Pine Time 10:30am-11:30am	Open Gym 9:30pm-10:30am	Little Pine Time 9:30am-10:30am	
	Open Gym 1pm-5:00pm	Senior Open Gym 11am-1pm	Open Gym 1pm-5:30pm	Senior Open Gym 11am-1pm	Sporty Kids 10:45pm-11:30pm	
		Open Gym 1pm-6:30pm		Open Gym 1pm-7:00pm	Open Gym 1pm-7:30pm	
		Teen Stars Zumba 3:30pm - 4:30pm		Basketball 7:30pm-9:30pm	Power Volleyball 7:30pm-9:30 pm	
	YouthBasketball 5:30pm-6:30pm	Youth Baskeball 6:30pm-7:30pm	Teen Pickle Ball 5pm-7pm			
	Open Gym 6pm-9:45pm	Adult Pickle-Ball 7:30pm-9:30pm	Rec Volleyball 7:30pm-9:30pm			

Event Dates: Family Fun Night February 12 & April 10 7:00-9:00 pm (Power Volleyball in South Gym Only)

Pickleball Tournament January 15, 12 pm - 4 pm

Dodgeball Tournament February 15 12 pm - 4 pm

Pine Community Center Closed: Thanksgiving, Christmas Eve (Close at noon) Christmas Day, New Year's Eve (Close at 4:00pm) New Year's Day

Note* Call or ask at the front desk for availability of Private Rental times in the gym for your next party or function

Community Center
Sunday Hours 8-4

Community Center
Weekday Hours 7:00am - 10pm
100 Pine Park Drive Wexford, Pa 15090

All dates & times subject to change

Community Center
Saturday Hours 8-4

Community Center First Year in Photos!

Many special events have occurred over the past year. Listed below are some memorable moments from the first year!

Volleyball Tournament



Open Gym



Family Fun Night



Halloween Party



Touch a Truck



Pickleball Tournament





230 Pearce Mill Road
Wexford, PA 15090

Phone: (724) 625-1591
Fax: (724) 625-1560
Email: cfischer@twp.pine.pa.us

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Township Manager: Cheryl N. Fischer ~ **Assistant Manager:** Scott D. Anderson
The newsletter is published by the Township to inform residents of municipal programs, community activities and items of general interest. It is mailed to all households free of charge. Comments and suggestions are always welcome by calling Lorrin Bowser, (724) 625-1636, Extension 121. The Township of Pine provides services on an equal opportunity basis.



Winter Road Service Policy

By the time this issue reaches our residents, winter weather may be upon us. Therefore, we find it necessary, each year, to remind our residents of the Township's winter road service policy. Most importantly, please bear in mind that the Township only provides winter maintenance only to **Township roadways**, not State or County roads. These are the roads the Township does **NOT** salt or plow: **Route 910 (Gibsonia Road, Wexford Road, Wexford Bayne Road), Babcock Boulevard, Bakerstown Road, Franklin Road, Graham Road, Mars Road, Pearce Mill Road, Wallace Road, and Warrendale Road.** State roads are the responsibility of PENNDOT. Please do not call the Township to request service to State roads. Please call **PENNDOT at 800-FIX-ROAD.** The County roads in Pine are: **County Lane, Kummer Road, North Ridge Road, and Reynolds Road. (The Allegheny County maintenance number is (412) 350-2490.)**

Township roads are serviced by a priority system based on the amount of traffic flow or their use by school busses. The major arteries are addressed first, secondary roads and developments are then plowed and salted. Cul-de-sacs are last because they are not thruways for the majority of motorists. On-duty police officers will alert the Director of Public Works when roads have reached the point where they require immediate attention. Please cooperate with the following guidelines:

DO NOT PARK IN THE STREET. Snowplows and salt trucks cannot thoroughly clean the streets with cars parked on them. Vehicles should be parked in driveways during a snow event.

Wait until the roadway in front of your house is plowed before cleaning out the end of your driveway. There is no feasible way for Township crews to plow roads without leaving snow at the end of your driveway.

Do not shovel or plow your driveway onto the main roadway. Snow should be piled on the sides of the driveway. At the end of the driveway, pile snow on the opposite side of the direction the snowplow travels on the main roadway. By doing this, the snowplow will not put as much snow back into your driveway.

Help to reduce the possibility of a broken mailbox post. Our plow operators take precautions to avoid hitting mailbox posts, but visibility during a storm is reduced significantly. Make sure posts are not installed within the street right-of-way. Also, it is wise to check for deterioration of the posts to reduce the possibility that the weight of plowed snow won't cause the post to fall over.



If school is canceled due to the snow, in all probability, you should not be driving on the roads, unless there's an emergency!